

Adaptations of Soccer Laws for Lane Youth Soccer Association

GENERAL - In non-dangerous situations, always emphasize instruction and player's skill development as opposed to assessing penalties. In dangerous situations, err with over-enforcement rather than under-enforcement. During games, center referee has final word in all calls regardless of a player's, coach's or parent's differing opinion. Disputed calls may be discussed with referees after full time and play is finished.

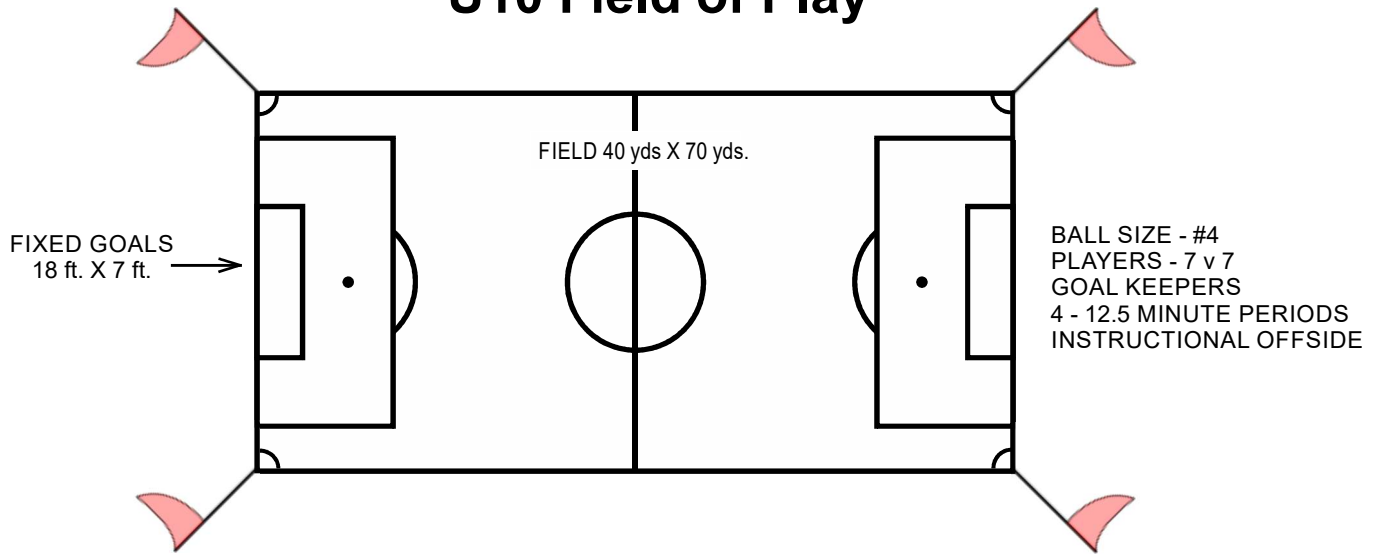
Special situations, all ages:

1. If a player is on the ground and still attempting to control the ball, stop play, instruct player, assess an indirect free kick for opponents.
2. Hand balls are allowed for protection of head or private body parts with open or clenched fists. Arms must remain against body. All other handling of the ball are assessed a direct free kick for opponents.

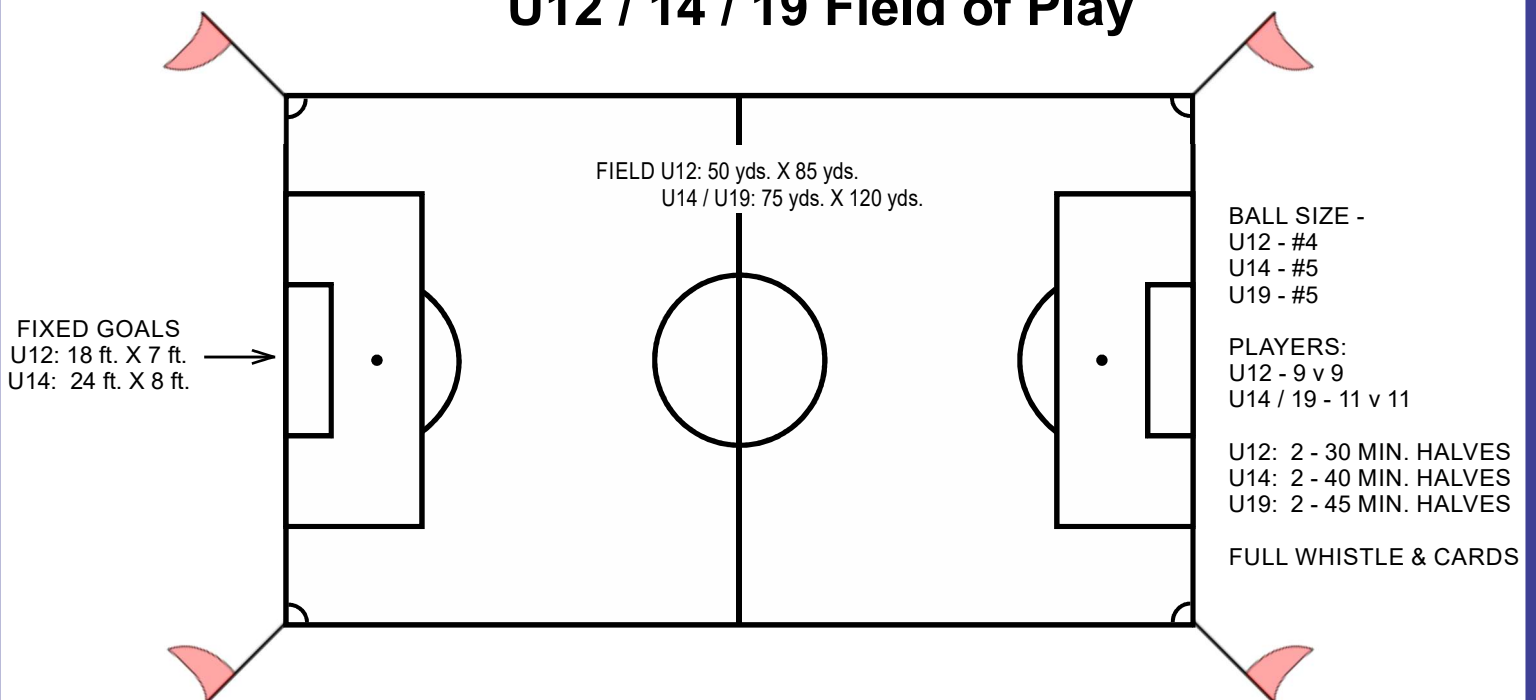
	U6	U7 / U8	U10	U12	U14 / U19
Age	5	6, 7	8, 9	10, 11	12-13 / 14-18
Players on field	5 v 5	7 v 7	7 v 7	9 v 9	11 v 11
Ball size	3	3	4	4	5
Field size	20 X 35 yds	33 X 58 yds	40 X 70 yds	50 X 85 yds	70 X 106 yds
Periods	4 - 10 min. periods	4 - 10 min. periods	2 - 25 min. halves	2 - 30 min. halves	2 - 40 / 45 min. halves
1 min. break	n/a	n/a	midpoint of half	n/a	n/a
5 min. break	halftime	halftime	halftime	halftime	halftime
Substitutions	Referee approval	Referee approval	Referee approval	Referee approval	Referee approval
Goals	Entire end line No keeper	12 yds w/ flags No keeper	6 yard goal posts & net	6 yard goal posts & net	8 yard goal posts & net
Goal kicks	No	From within goal box	From within goal box	From within goal box	From within goal box
Corner kicks	No	Yes	Yes	Yes	Yes
Throw-ins/ Kick-ins	Between 7 yd. lines Kick-ins	Between 10 yd. lines Kick-ins	Anywhere at touchline, moderate form calls	Anywhere at touchline, strict form calls	Anywhere at touchline, strict form calls
Offside	No	No	Yes, Instructional	Yes	Yes
Heading	No	No	No	Yes, not encouraged	Yes
Slide tackle	No	No	No	Yes, not encouraged	Yes
Free kicks	Direct Free Kick Between 7 yd. lines	Direct Free Kick Between 10 yd. lines	Direct Free Kick for flagrant violations	Regular calls	Regular calls
Whistle/card use	Limited whistle/ no cards	Moderate whistle/ no cards	Moderate whistle/cards for flagrant misconduct	Full whistle & cards	Full whistle & cards



U10 Field of Play



U12 / 14 / 19 Field of Play

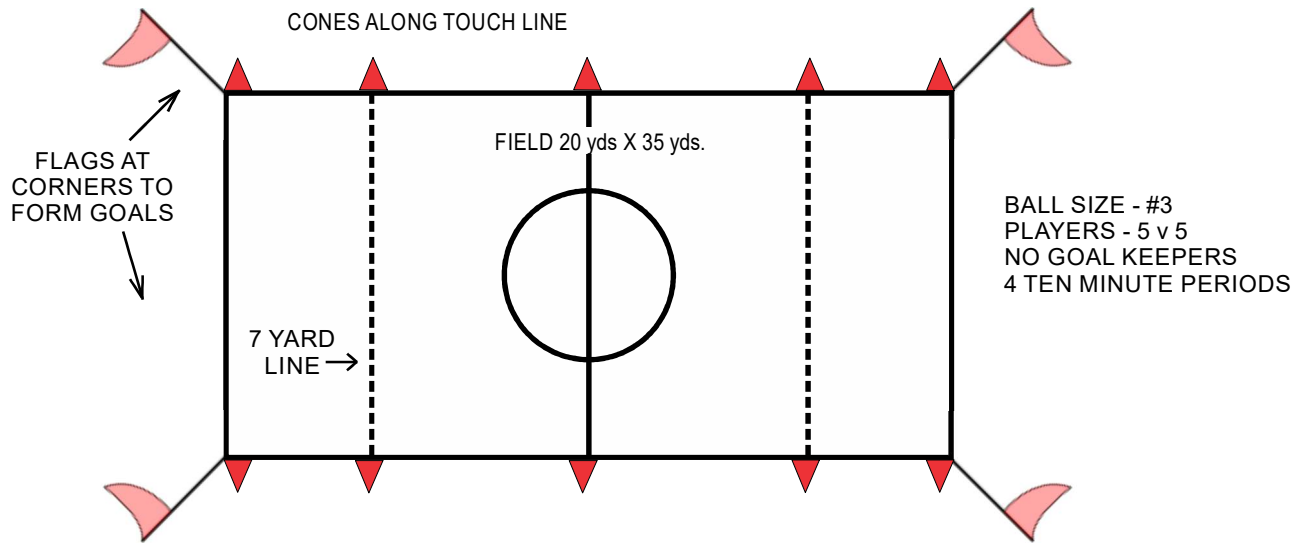


Fun
FOR ALL

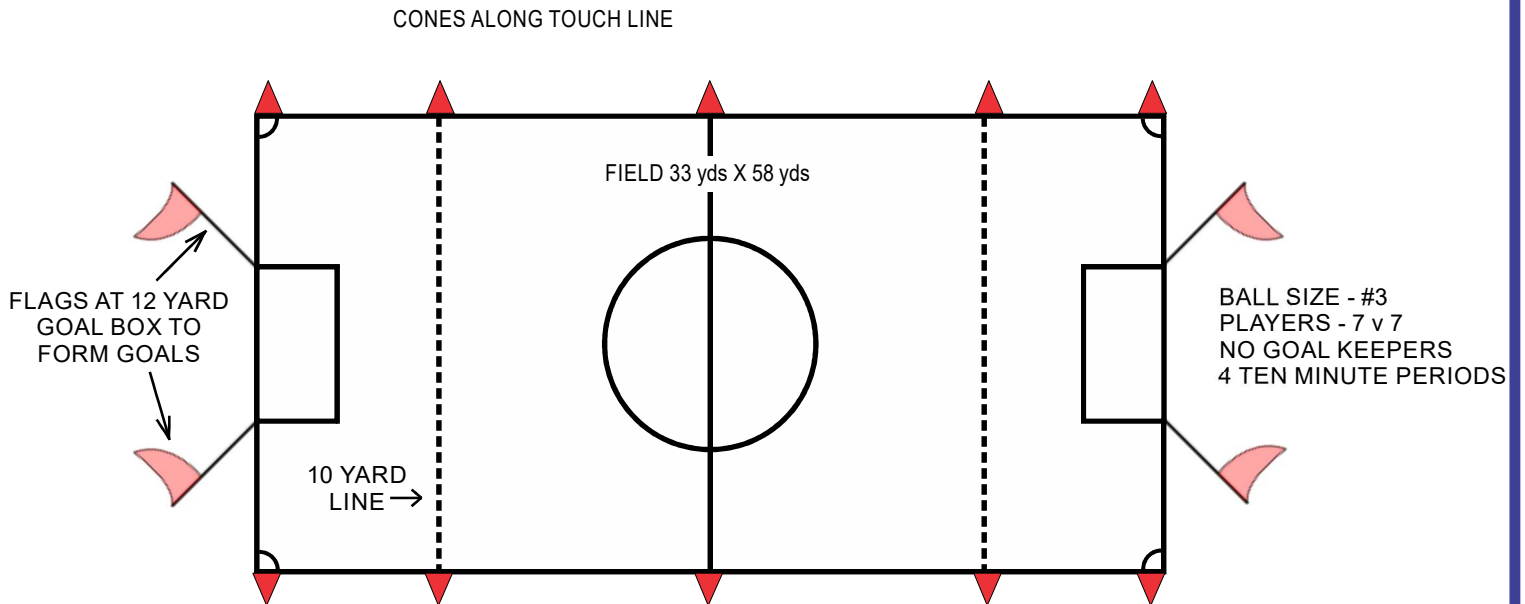
LYSA

LANE YOUTH SOCCER ASSOCIATION

U6 Field of Play



U7 / U8 Field of Play



Fun
FOR ALL

LYSA

LANE YOUTH SOCCER ASSOCIATION

COACH “TO DO” LIST

PRESEASON

1. Complete volunteer registration on the PlayMetrics APP and background check if you have not registered in past seasons.
2. Attend Coach Training. All coaches are required to attend every season.
3. Attend Roster Hand-out to receive team roster, schedule and equipment.
4. Schedule your team's parent meeting. Prepare agenda and list of parent jobs.
5. Call or email players/parents to inform them of parent meeting. At meeting, check to make sure each player has a jersey or has ordered one.
6. Set a training schedule and plan out trainings in writing.
7. Read current LYSA Coaches Handbook and review laws of the game and your age division's Adapted Laws.
8. Contact assistant coaches, referees and team parent to assure they are aware of and have registered as a volunteer and attended referee training. Once assistant coach, referee & team parent have been selected, leave message at 541-521-8100 or send e-mail to: Coach@LaneYouthSoccer.org with their name & phone number so we can add them to our database and get them on our rewards list.

DURING SEASON

Be positive and follow the LYSA Coaching Philosophy:

Good coaches develop positive feelings of self-worth in all of their players.

Enjoyment is critical to learning.

Good coaches provide honest, positive encouragement.

The object may be to win, but the ultimate goal is enjoyment for all.

No yelling in anger or while providing directions to players.

Coach during your weekly training sessions. **Game day is for the kids**; let them demonstrate what they have learned and keep your game side coaching to an absolute minimum.

The following are REQUIRED at all training sessions and games:

ALL players must be currently registered with LYSA. If a player is not on your team's roster, do not play them. You are assuming all liability for the entire team if you allow non-registered players to participate.

Water for players (tell parents at your parent's meeting to bring water for their child, but always carry extra).

Training and/or game plan.

Equipment bag with balls, ball pump, cones, linesman flag and goal flags.

Two registered adult volunteers present at all games and trainings from the time players arrive until the last player leaves.

END OF SEASON

Return equipment and remind players to register for next season now.

